

Tuesday 21st May 2024

*RESPECT \* RESPONSIBILITY \* COOPERATION \* HONESTY \* CARE & COMPASSION*

## PARENT REMINDER

**Swimming for Foundation - Grade 2 has been posted on Compass.** Please check your events to complete form and make payment. If Parents receive CSEF please tick the CSEF box.

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### **2025 Application for Foundation is now open**

Please contact the office if you have a child starting in 2025 and have not yet completed an Application Form.

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A **BIG THANK YOU** to our organiser and the wonderful team of parents who helped on our Mother's Day Stall.

The day was a huge success and without the support of parents we would be unable to hold these stalls for our students.



### **CANTEEN ROSTER**

**Wednesday 22nd May**

Toni C & Sue T

**Friday 24th May**

Lori B & Jenelle D

**Monday 27th May**

Meaghan M & John S

**Wednesday 29th May**

Jess K & Karen S

**Friday 31st May**

Jenelle D & John S

**Monday 3rd May**

**All Lunch orders  
need to be  
ordered via the  
Qkr App**



### MONDAY 20TH MAY

- Newsletter via Compass

### TUESDAY 21ST MAY

### WEDNESDAY 22ND MAY

### THURSDAY 23RDMAY

### FRIDAY 24TH MAY

- I.S.S. Grade 5/6 Vs Glad Views Away Game

### MONDAY 27TH MAY

### TUESDAY 28TH MAY

### WEDNESDAY 29TH MAY

### THURSDAY 30TH MAY

### FRIDAY 31ST MAY

- I.S.S. Grade 5/6 Vs Glad Pk Home Game



### **Out of School Hours Care**

- Before and Afterschool Care
- Holiday Program
- Curriculum Day Care

**EMAIL**

[westmeadows.ps@education.vic.gov.au](mailto:westmeadows.ps@education.vic.gov.au)

**WEBSITE**

[www.westmeadows.vic.edu.au](http://www.westmeadows.vic.edu.au)

# Ms. D's Diary



Dear Westy families,

The school has been absolutely buzzing over the last few weeks with many wonderful activities to be had.

It was wonderful to see the children and staff wearing their favourite team colours last week and lovely to hear the positive banter about which teams are the best. Of course, the day was a wonderful segway into the collection of 1030 Tony's Pies being distributed to our families and friends. A huge congratulations to the Westmeadows School Council Fundraising Squad who raised \$1257 via this fundraiser. By the sounds so many of our families had pies for dinner on Thursday night – they were scrumptious!

Six of our senior students were also involved in a very special announcement at the Westmeadows War Memorial. Last year our Grade 5/6 students presented to Iwan Walters MP and then to Hume Council regarding the possibility of renovating the Westmeadows War memorial. This gained traction in parliament and with the Hume Council with the outcome being an announcement of \$10 000 to go towards the project.

The Minister for Veterans and Youth, the Hon. Natalie Suleyman; Iwan Walters MP, member for Greenvale; Cr. Naim Kurt, Mayor Hume City Council; Cr. Chris Hollow, Hume City Council attended the announcement. It was a big deal!

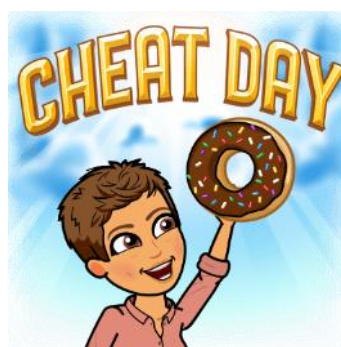
I would like to thank and congratulate Shaivi, Cooper, Annie, Marcus, Penny, and Jacob who so confidently and capably spoke to all of the dignitaries about the vision. The Minister was visibly moved by their comments and dedication. So much so that she has invited them to the ANZAC luncheon in 2025! Congratulations Team Westy!

Our amazing Foundation Teachers Mrs Free, Ms Kaparis and Mrs Rust hosted several teachers from our local kindergartens and childcare centres to share with them how Foundation classes operate at our school and to share several school readiness tips with them. It was a thoroughly engaging session which received extraordinary feedback from all involved. We are extremely proud of the connection our school shares with our local centres.

So, whilst we are talking about kindergartens and childcare centres, it is timely to remind you all that if you have a child ready to start school in 2025 or know of someone who has a child ready to start school – it is time to complete an application. We have a long list of children who are out of zone who have chosen Westmeadows PS as their school of choice. We would love to let them know as soon as possible what the chances will be for them to join our school. An application form can be organised by contacting Maree in our office.

I trust that you are all looking forward to our Fundraising Squad's Donut Days – yum, yum, yum. Please keep an eye out for the latest reminders on COMPASS – so that you don't miss a thing.

Have a great few weeks – stay warm!  
Jane



*Launching the*  
**WESTMEADOWS INDIGENOUS  
AND COMMUNITY GARDEN  
GATHERING TABLE**

A Partnership Project between  
Attwood House Community Centre  
Westmeadows Indigenous and Community Garden  
Hume City Council

*An Invitation to join in the  
celebration and launch of the*

**Westmeadows Indigenous and  
Community Garden Gathering  
Table**

Saturday 15th June 2024  
11.00am - 2.00pm

Westmeadows Indigenous and Community Garden  
Toora Dr, Westmeadows

*RSVP Via Eventbrite*



<https://bit.ly/4aHJAnI>

**The event will include:**

- Fun Community Activities run by community volunteers.
- Lunch Provided (Please refer to Eventbrite)
- Children are encouraged to dress up in their favorite costume.
- Music Performances
- Seedling giveaways
- Many other fun surprises!

\*Please dress accordingly for the weather and outdoor venue\*



# Raising resilient, healthy children and young people in Hume | Term 2 & 3 | 2024

Information sessions for parents and carers

FREE  
EVENTS



## Raising Resilient Teens

A session targeting parent and carers with children aged 12-17 years of age.

Increase your knowledge in:

- Responding to your child's fears, worries in a productive way
- Connect with and understand your child.
- Building your child's resilience and nurture a positive self-view
- Explore opportunities to build their self-confidence.

 **Online**

 Thursday 2 May

 6pm – 7.30pm

Facilitator: ParentZone,

Anglicare




## School Refusal (Primary school aged children)

This session targets parents/ carers of Primary school aged children


Increase your knowledge in:

- Understanding your child who may be anxious about going to school.
- Understanding what makes it tricky for them.
- Learning additional strategies about ways you can help.

 **Greenvale West community Centre:**

**7 Ventura Way, Greenvale 3059 (Community room 2)**

 Tuesday 7 May

 10am – 12.00pm

Facilitator: ParentZone,

Anglicare



## School Refusal (Secondary school aged children)

This session targets parents/ carers of Secondary School aged children.

The first 12 people to register will be offered a spot in the session.

**Register your Expression of Interest for the afternoon or online evening session.**

 **Homestead Community and Learning Centre: 30 Whiltshire Drive, Roxburgh Park 3064**

 Tuesday 14 May

 1pm – 2.30pm

(Face to Face)

 6pm – 7.30pm (Online session)

Facilitator: ParentZone,

Anglicare



HUME CITY COUNCIL

## Primary School Refusal Session

**This free workshop provides information and strategies to parents/carers to help with this ever-increasing issue.**

Increase your knowledge in some of the following areas:

- understanding your child who may be anxious about going to school
- learning additional strategies about ways you can help
- being aware and manage your own emotions about refusal

Date: Tuesday the 7th May

Time: 10am-12pm

Location: Greenvale West Community Centre, 7 Ventura Way, Greenvale



**Registrations are essential, to book scan QR code or visit [hume.vic.gov.au/parent-carer-workshops](https://hume.vic.gov.au/parent-carer-workshops)**



# Raising resilient, healthy children and young people in Hume | Term 2 & 3 | 2024

Information sessions for parents and carers

FREE  
EVENTS



HUME CITY COUNCIL  
**Youth**  
services



## Supporting your Neurodivergent Child

This session targets parents/carers of children aged 10 and up.

Some topics that will be explored include:

- What is disability?
- What is neurodivergence?
- Affirming language

 **Greenvale West Community**

**Centre: 7 Ventura Way, Greenvale, 3059**

**(Training room)**

 **Thursday 6 June**

 **5:30pm – 7:00pm**

Facilitator: YDAS



## Raising Resilient Kids

This session targets parents/carers of children aged 5 to 12 years old

- Get a clear understanding of resilience and coping with life's setbacks.
- Learn how to build and foster resilience in your child.
- Learn strategies to help your child bounce back from adversity.

 **Greenvale West**

**Community Centre: 7 Ventura Way, Greenvale, 3059**

**(Training room)**

 **Thursday 25 July**

 **10am – 12:00pm**

Facilitator: ParentZone, Anglicare



## Managing anxiety in your child (2-10 years)


This session targets parents/carers of children aged 2 to 10 years old.

We understand managing anxiety in children requires patience, understanding, and consistent support.

By creating a safe and nurturing home environment, this enables a space where your child can openly express their emotional needs and learn how to regulate themselves.

 **Online Webinar**

 **Tuesday 6 August**

 **10am – 12:00pm**

Facilitator: ParentZone, Anglicare



## Setting Healthy Boundaries

This session targets parents/carers of school aged children.

Topics to be explored include:

- Creating and maintaining healthy boundaries using positive approaches
- Punishment vs Discipline
- Boundary setting at home

 **Online Webinar**

 **Wednesday 29 August**

 **6pm – 7:30m**

Facilitator: ParentZone, Anglicare



To register or for more information, visit our website via the QR code or type the url provided

Have a question? Let's talk!  
email [youth@hume.vic.gov.au](mailto:youth@hume.vic.gov.au)  
or phone 9205 2556.



[www.hume.vic.gov.au/parent-carer-workshops](http://www.hume.vic.gov.au/parent-carer-workshops)





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# WESTMEADOWS WARRIORS CRICKET CLUB



FOR MORE INFORMATION HEAD TO ↓  
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ALL ABILITIES  
ALL WELCOME



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WESTMEADOWS

# 9338 3217

# WESTMEADOWS WARRIORS

## CRICKET CLUB



FOR MORE INFORMATION HEAD TO ↓  
[HTTPS://WESTYWARRIORS.TIDYHQ.COM](https://westywarriors.tidyhq.com)

ALL AGES  
ALL ABILITIES  
ALL WELCOME

# COMMUNITY CONNECTIONS