

'Around the Grounds' WPS Newsletter

Monday 13th May 2019

*RESPECT * RESPONSIBILITY * COOPERATION * HONESTY * CARE & COMPASSION*

ITALIAN DAY

Wednesday 22nd May

Students are encouraged to wear something Italian. For example they may choose to dress in Italian colours (green, red or white) or dress up as a famous Italian character, or soccer player. They will participate in a pasta making workshop. The children will also will receive a slice of pizza and small tub of gelati at lunchtime. Note students may need lunch as they are only receiving one slice of pizza each.

TUESDAY 14TH MAY

Student Banking
Gr 3 & 5 Naplan

WEDNESDAY 15TH MAY

Gr 3 & 5 Naplan

THURSDAY 16TH MAY

Gr 3 & 5 Naplan

FRIDAY 17TH MAY

Gr 5/6 I.S.S.—9.10am (Away Game)
Versus St. Dominics

MONDAY 20TH MAY

TUESDAY 21ST MAY

Student Banking
Foundation 'P' Day

WEDNESDAY 22ND MAY

Italian Day

THURSDAY 23RD MAY

Foundation Kite Making Workshop

FRIDAY 24TH MAY

Grade 6 return from Camp
ISS Forfeit due to Camp

MONDAY 13TH MAY

6.30PM School Council Meeting

REMINDER

**Students in Grade 3
and Grade 5**

**will be doing Naplan
Testing this week**

**from Tuesday 14th May
to Thursday 16th May**

EMAIL

westmeadows.ps@edumail.vic.gov.au

WEBSITE

www.westmeadows.vic.edu.au

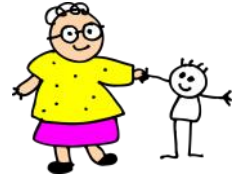


Ms. D's Diary

Welcome to Week 4 everyone,

Well I do hope that all the mums, grandmas and special people were spoilt rotten yesterday with loads of kisses and hugs. For those who no longer have their mums near them, I hope you were able to fill your day with special memories. For those lucky enough to receive a gift from our Annual stall I hope you loved it! Many thanks to our wonderful team of parent volunteers who organised and helped out on the day.

I enjoyed a fun trip to the Victoria Market and of course indulged in the jam doughnuts. Dinner last night was a delicious roast lamb cooked by Steph and Rach.



NAPLAN

This week is Naplan Week for the children in Grade 3 and 5. This is National testing for all children in these year levels and covers Language Conventions, Reading, Writing and Mathematics. Both the school and the parents will receive student results in a few months' time. A letter from the Department has been distributed to parents of children in Grade 3 and Grade 5 today.

Parking Around the School

Unfortunately, some parents and carers continue to do the wrong thing whilst collecting and parking around our school. Most recently I have had reports of cars being parked in the two minute zones for a lot longer than two minutes. In fact the drivers parked, locked their car and went into the school to collect the children. This caused havoc for other parents.

I would also like to remind you that three car parks have been reserved for our Out of School Hours Care Staffroom 2pm daily. Please do not park in these areas after 2pm.

Italian Day

Next week is Italian Day and we can't wait. There will be loads of Italian activities happening in classrooms and in specialist classes with the highlight on Wednesday when we host our whole school pasta making day. Many thanks to Mrs Cuda and her team for their hard work in organising this exciting and memorable event.

Sausage Sizzle on Election Day

Every second person seems to have already voted in advance at the early polling centres. Having said that, I would encourage you to call into Westmeadows Primary School for a sausage or three on Election Day. They will no doubt be delicious and will be a welcome snack for those returning from sporting games.

Many thanks to Foodworks in Roxburgh Park and Morris from IGA Westmeadows for your incredible generosity in donating supplies for our Election Day BBQ. Your support of our school is greatly appreciated.

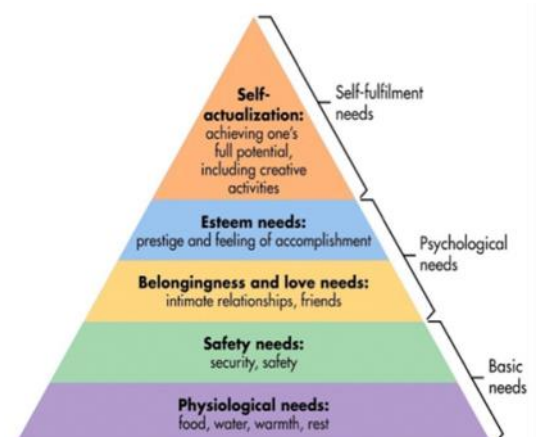
Sleep

At a recent meeting for the VPA, the group was involved in a presentation from Headspace. The session was so informative and interesting. One of the most significant points to be made was the importance of SLEEP. SLEEP rates as important as food, water and shelter as a basic need. The message is – if children and adults do not get enough sleep they cannot function adequately. It has raised several questions for me:

- How much sleep is enough for both children and adults?
- How long prior to bedtime should we stay off electronic devices?
- What capacity do we have when we are sleep deprived?
- How can we change our sleep habits if they are not great?

Stay tuned for my research - I hope everyone has a wonderful week.

Sleep well,
Jane Donaldson



STUDENT BANKING

Tuesday 14th May

Stephanie Alexopoulos & (Mel Trueman replacing Angela)

Tuesday 21st May

Abbey Tudhope & Kayelene Carney

Tuesday 28th May

Melissa Trueman & Sarah Carr

Tuesday 4th June

Lorraine James & Shirenne Grech



CANTEEN ROSTER

Wednesday 15th May

Christy Leterme & Sheridan Morris

Friday 17th May

Charina Holmes & Melinda Phillips

Monday 20th May

Tania Perdevski

Wednesday 22nd May

Sarah Carr & Sue Tucker

Friday 24th May

Stephanie Alexopoulos & Ami Smith

Monday 27th May

Tania Perdevski & Steven Caldwell

Wednesday 29th May

Natalie Coustley

Friday 31st May

Rachel Pardo



SICK BAY

Friday 17th May

Ami Smith

Friday 24th May

Kylie Gough

Friday 31st May

Tania Perdevski



WPS5 WINNERS

Johanna E—2I

Honesty

Kai L—3/4N

Care & Compassion

Lucas R— 3/4L

Honesty



BIG THANK YOU

To our wonderful mums who did an amazing job on our Hot Cross Bun day last term—

Melissa Trueman, Mel Wings, Tania Quirk, Angela Bouas, Christy Leterme, Heather Bamfield & Dora Loukas

Also thank you to Baker's Delight for delivering our delicious hot cross buns, and supplying morning tea for our parent helpers and staff.

To our wonderful parents who volunteered and assisted at our Mother's Day Stall—

The children loved the selection of gifts they purchased for their mums, grandmothers or special people in their lives.

Tania Perdevski, Dora Loukas, Jamie Smith, Mel Wings, Melissa Trueman, Tania Quirk, Rachel Pardo, Heather Bamfield, Angela Bouas, Natalie Coustley, Deb Brereton, Jessica Bibby & Sarah Stephens

GRADE 6 CAMP REPORT

On the 6th of May the grade 6 students set off to Sovereign Hill at 8.00am. When we arrived at Sovereign Hill and had our snack, then we split into our groups to explore Sovereign Hill. Some things that we did at Sovereign Hill was a mine tour, 9 pin bowling. Learn about the old class rooms, panning for gold but most people did not find any and some students did candle dipping.

After 4 hours at Sovereign Hill we all hopped on the bus to get to camp Cave Hill Creek. Once we arrived we all sat in front of the fire while Wes one of the camp staff talked about the camp and the rules. After that we all sorted out our cabins and bunks. For the rest of the day we had free time to explore the camp. At 6.00pm we had dinner then we watched a movie.

For the rest of the week we woke at 7.00am and had showers and cleaned our cabins for room inspections. At 8.00am we ate breakfast which was cereal and toast. Once we finished our breakfast we split back into our groups for rotations. Some of the activities in the rotations were canoeing, archery, bush cooking and abseiling which is where you climb down a really big rock with a harness. At 6.45pm we ate dinner which changed every night. On the last night we had lasagne. Some of our nightly activities were bush walks, movies, trivia night and tabloid sports.

On Thursday we had a massive competition" boys versus girls. For the first challenge we had a tug o war. The girls won all the rounds except for one. For the second challenge we had was how far can you shoot in archery. The boys won that which set the score even. The for the last challenge we had an ultimate fame of kickball which the boys won by 6 runs,. That gave the boys one more song at the disco. We then had Westy Idol which had some amazing performances. Elly, Emily and Addison won with their comedy act.

On the last day we all packed our bags, had breakfast and lunch then waved goodbye to camp Cave Hill Creek. We were all sad to leave but a little happy to be able to see our family and friends again and be in our own bed.

Thank you to all the teachers who took their time from the personal life to come with us to camp. Thank you to our parents and guardians for paying for us to go to camp. And finally thank you to the Camp for having us and everyone who went and made sure we had a good time.



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Teacher Desks For Sale.

11 Desks 1500mm x 750mm.

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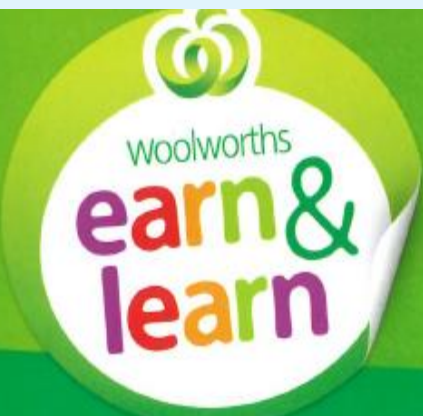
PROTECT – Keeping Our Children Safe

Making a Report to Child Protection

Any person can make a report to DHHS Child Protection if they believe on reasonable grounds that a child is in need of protection. For contact details see the Four Critical Actions - <https://www.education.vic.gov.au/Documents/about/programs/health/protect/FourCriticalActionsChildAbuse.pdf>

There is no requirement for community members to inform the school if they are making a disclosure to DHHS Child Protection or the Victoria Police. However, where a community member is concerned about the safety of a child or children at the school, and where disclosure of that concern will not compromise any potential police investigation, the community member should report this concern to the principal so that appropriate steps to support the student can be taken.

PLEASE FIND ATTACHED
STICKER SHEET TO BE COMPLETED AND
RETURNED TO SCHOOL



Sticker Sheet

Let's stick
together
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& Learn



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COMMUNITY CONNECTIONS

My Woolworths Earn & Learn stickers



Stick your Woolworths Earn & Learn stickers in the squares below. Give them to your local school or Early Learning Centre, or drop them into a collection box in store by 25 June 2019.



My name: _____

Collecting for: _____

Entry to the promotion is open to primary and secondary schools, and eligible Early Learning Centres (ELC) in Australia. Promotion runs 1 May 2019 until 25 June 2019. Speak to your school or ELC to ensure they are registered, or visit woolworths.com.au/earnandlearn and check online. Participants must be registered by 25 June 2019. One Woolworths Earn & Learn sticker is given for every \$10 spent in a single transaction at Woolworths Supermarkets, Woolworths Metro and online, excluding liquor, tobacco, gift cards and other specified purchases. While stocks last. Stickers must be counted and submitted by 7 July 2019. Stickers must be redeemed for equipment by 21 July 2019. Retain stickers for validation. For full terms and conditions, please visit woolworths.com.au/earnandlearn

ADVERTISEMENTS



westmeadows

	Mon	Tue	Wed	Thur	Fri	Sat
5.30-6.15am W	Dawn Troopers	Dawn Troopers	Dawn Troopers			
8.00-9.00am H						Wonder Women
9.30am-10.15/30am W	Motivated Mums	Fresh Fit	Motivated Mums	Fresh Fit	Motivated Mums	
2.30-3.15pm H	Afternoon Pick-Me-Up		Afternoon Pick-Me-Up		Afternoon Pick-Me-Up	
7.00-7.45pm W				Wonder Women		

Now accepting new members for Term 2!

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Comedy for a Cause

SATURDAY 25 MAY 2019

Doors: 7pm / Show: 8pm / All Ages*

*All ages welcome but content recommended for 13+

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comedyforacause.net/TULLAPARK

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